



**STANDARDS & PROCEDURES**

<b>Department or Subject:</b>	<b>Physical Education and Health</b>
<b>Teacher(s):</b>	<b>Peci Coriolan</b>
<b>Cycle and Level Taught:</b>	<b>Cycle 1</b>
<b>School Year:</b>	<b>2020-2021</b>

<b>Term 1 (20%)</b>		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
To perform movement skills in different physical activity settings.  To interact with others in different physical activity settings.	-daily observations -peer and self-evaluations -skill testing -rubrics -check lists	-daily observations -peer evaluations -skill testing at the end of the unit
<i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i>	<i>Other Pertinent Information</i>  <i>Extracurricular activities at recess for cycle 2 and 3</i>	
notes home -agenda -report cards -email		

<b>Term 2 (20%)</b>		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
To interact with others in different physical activity settings  To adopt a healthy and active lifestyle.	-daily observations -peer and self-evaluations -skill testing -rubrics -check lists	-daily observations -peer evaluations -skill testing at the end of the unit

<i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i>	<i>Other Pertinent Information</i>  <i>-Extracurricular activities at recess for cycle 2 and 3</i>
notes home -agenda -report card -email	

<b>Term 3 (60%)</b>		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
To perform movement skills in different physical activity settings.  To interact with others in different physical activity settings.  To adopt a healthy and active lifestyle.	-daily observations -peer and self-evaluations -skill testing -rubrics -check lists	-daily observations -peer evaluations -skill testing at the end of unit
<i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i>	<i>End of Year Evaluation (e.g., evaluation situation, local exam, complementary exam, uniform exam, etc.)</i>	<i>Other Pertinent Information</i>
-notes home -agenda -report card -email		<i>Extracurricular activities at recess for cycle 2 and 3</i>

***Note to parents:***

The goal of my program is to teach long term health benefits that students can practice when they are outside of the school environment. The children are encouraged to engage in physical activities in different settings (indoor/outdoor/individual and team sports).

The children are encouraged to learn about their bodies, and the positive effects of physical activity. The health program teaches the students the proper health habits and functions of their body so that they can keep healthy and active.

I expect students to come to class ready to learn and participate in all activities. Both Health and Physical Education classes are linked to one another, so the children can make the association that being active is necessary in leading a healthy lifestyle.

**\*New Safety Measures**

\*Due to the measures that have been put in place by the government. Physical Education classes will proceed as follows:

- Children will not change at school and therefore can come to school already dressed for P.E.(Baby blue or white t-shirt, navy shorts or jogging pants, running shoes)
- When possible P.E. classes will be given outdoors. Students must dress accordingly.
- Students are not required to wear a mask during Physical Education class.
- It is recommended that students have a bottle of water for P.E. class.
- All equipment that is used will be sanitized after each use.
- Students will sanitize before the start of class, before recess, before lunch and at the end of the day.
